

CLG Cheathrú Aodha Dhuibh

NEWSLETTER

Winter Edition
Dec 2023 – Feb 2024



CLG Cheathrú Aodha Dhuibh

Activity Update : December 2023 to February 2024

Dia daoibh a chairde, welcome to the first edition of our Newsletter in the 2024 season.

It was an absolute honour to witness another historic moment in 2023 with our Minor Ladies winning an Ulster championship in, not only a first for our Ladies code, but a first for our club. On a cold December day, spurred on by an enthusiastic support base, the ladies produced an outstanding display of football to take the cup back from the current holders. It was no surprise to see the masses of support back at the Hub that evening to welcome the players and management home. A full gallery of photos is available for viewing and downloading on <https://niallboylephotography.pixieset.com/carryduffminorulsterfinal>. Thanks to Niall for always being to hand whatever the weather brings!

We were delighted to join almost 300 of you at our Gala Dinner to close out the 2023 season. Under the attentive care of a first-class organising committee, we enjoyed one of those nights that we'll still be talking about years from now. If you missed them, you can find an album of photos from the night on our FB page – with a few included in the inside pages here to whet your appetite. Thanks to all the organisers Laura, Daniel, Lisa, Michael and Fiona.

I'd like to thank the huge number of members who turned out for our Annual General Meeting on 22nd November. In a highly interactive and informative evening those present learned about the successes and challenges the club has faced over the past year, and details about some of our plans for the year ahead. I am privileged to have been welcomed in as your Chair for a second consecutive year, and together with my fellow committee members, take heart that you all see and feel the efforts we are putting in place to create a truly inclusive, community experience while enjoying continued sporting success. And given the breaking news on the next page, we're not the only people to note our successes!

Finally, I'm very pleased to see Jarlath Burns now officially in post as President – Uachtarán Chumann Lúthchleas Gael - of our great Association and wish him every success for the duration of his tenure.



Breandán Ó Sluáin
Cathaoirleach
Chairperson

Gaelic Life's 2023 Ulster Club of the Year

BEST IN CLASS!

....**BREAKING NEWS**....**BREAKING NEWS**....**BREAKING NEWS**....

We were absolutely thrilled and overwhelmed to take the trophy home and are particularly proud of the players, management teams, committee members and volunteers whose work over the last 12 months has been recognised beyond our own area. Thank you everyone!



Our Head of Events and Fundraising, Claire Morris (above) and Vice Chair Sean McGeough receiving the award on behalf of the club



Carryduff Minor Ladies – Ulster Champions

PLAYER ACTIVITY



Sian O'Neill Captain
and Player of the
Match

Carryduff 3-3 Lurgan 0-8

Carryduff had four points to spare over holders Lurgan in a very entertaining Ulster minor club final. Despite the horrible weather the teams battled to the death. In the end, however, goals proved to be the crucial scores and Carryduff hit three of them. Player of the match and captain Sian O'Neill found the net twice from the penalty spot while centre forward Cara Donnelly fired to the Lurgan net deep in the second half.

A wonderful day for players and supporters alike. Well done girls and management!



2024 Down County Panels – rising stars

LGFA

Seniors – Aisling Cull, Meghan Doherty (captain), Ciara McGeough, Kate McKay, Roisin McKenna, Sian O'Neill

Minors – Cara Donnelly, Caoimhe Lavery, Roisin McKenna, Ciara McLornan, Maebh Napier, Eimear Napier, Ellie Sergeant

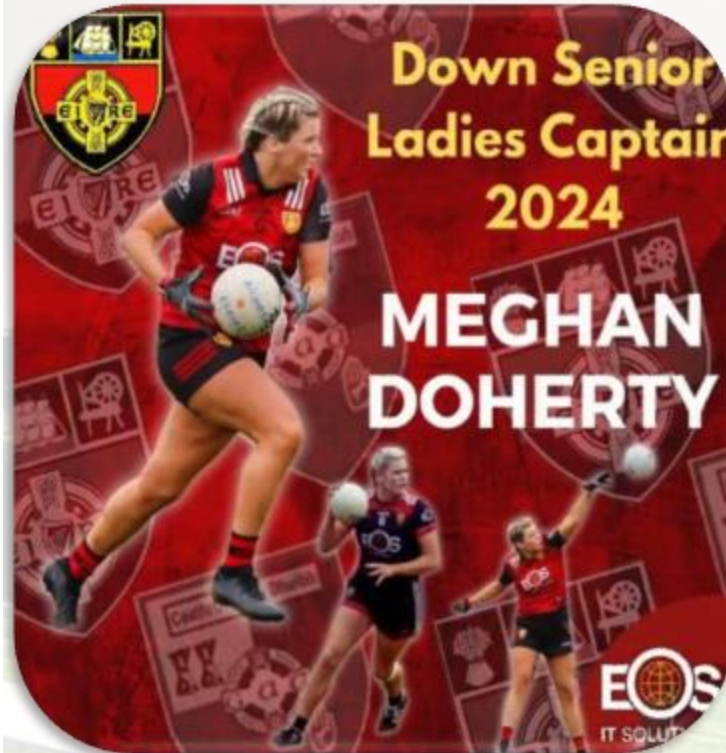
U16s – Hannah Cassin, Cara Connolly, Ellen Farrell, Anna McArdle, Isa McCarron, Rebecca McDonnell, Evie McHugh, Niamh Napier

U14s – Catriona Blaney, Caitlin Bradshaw, Olivia Dean, Abigail Hanvey

Gaelic Life LGFA Club All-Star

Nominee – Maura Moran

Ulster LGFA PPS All Star – Ciara McGeough (right)



Camogie

U14 – Decision pending

Football

Seniors - Daniel Guinness, James Guinness, Pearse McCabe

U20s - Tom McCarroll

Minors – Liam Blaney, (vice-captain - right), Jude Dixon

U16s - Decision pending

Down All-Star Nominee – Eoin Donnelly



Hurling

Seniors - Conor Cassidy

U20s – Lorcan Cooney

Minors (provisional) – Fionn Dougan, Cillian Ennis, Conor Gilmore, Tom Hickson, Joseph McAllister, Rory O'Donnell, Aodhan Young

U16s – Decision pending

U15s - Decision pending

Down All-Star Winner – Conor Cassidy (right)



CLG Cheathrú Aodha Dhuibh



St. Joseph's Primary School girls Gaelic football team (below) travelled to Burren GAC to participate in the Down indoor Cumann na mBunscol Gaelic tournament - county indoor finals with 9 other schools.



**Down Under 12
Handball champion
Sean Holland**



**Down Under 15
Handball champion
Sean Young**



**Carryduff's Tom
McCarroll's role on the
2023 Down U20 Ulster
Championship team was
recognised at an event in
the Slieve Donard Hotel,
Newcastle in February.**

Tom is pictured here with
Carryduff's Treasurer,
Conor O'Neill and Vice
Chair Sean McGeough



Young
camógs
and hurlers
availing of
an indoor
opportunity
to hone
their skills

PLAYER ACTIVITY



Handball – making our mark

Our U13's U14 & U15's – Sean Ryan, Sean, Shea, Thomás, Ronan, Lochlan, Aidan and Martin proudly modelling Carryduff GAC's new handball jerseys, funded through Lisburn and Castlereagh Council's Grand Choice Fund with the help of your votes. Thanks to all who came to vote.



Team Contacts

Who's Who?

Hurling

Ronan
McCaughey

ronan.mccaughey@btinternet.com



Camogie

Maeve
Holland

secretary.carryduff.down@camogie.ie



Handball & Rounders

Mark
McCartan

mark.mccartan18@gmail.com



Male Football

Paul
Dougan

malefootball@carryduffgac.com



LGFA – Ladies Football

Stephen
Magorrian

carryduff.down@LGFA.ie



Players' Representative – all codes

Ronan Lawlor

ronan.lawlor@gmail.com



Each code has a representative on the Executive Committee. These people work with your team managers to ensure effective two-way engagement between managers and the Committee. Our Players' Representative is there to represent the needs of all our playing members – all codes. Our Coaching Officer helps to organise appropriate and current training and support for our full cohort of coaches and players.



Coaching Officer
- all codes

Orla
Napier

orlanapier@yahoo.co.uk

HEAD COACHES 2024	LGFA	Camogie	Hurling	Football
Nursery / P1 (Saturday Academy)	Enda McKenna, Ruairi Boyle, Myles McCann			
Nursery / P1 (Sunday mornings)	N/A	Roisin McAllister, Caoimhin Graham, Donal Rooney		N/A
U6.5 (P2)	Ruairi McKay		Conor McGarry, Jenny McGarry, Gareth Moore	
U8.5 (P3/4)	Maura Moran	David Garvin, Fiona Keary, Garrett Green		Garrett Green
U10.5 (P5/P6)	David Garvin	Cathal Brunton	John McCaffrey	Ryan McAuley
U12 (P7s – plus 01.01.12 – 30.06.13)	David Kelly	Conor McGarry	Andy Moohan	Andy Moohan
U14 (01.01.10 – 31.12.11)	Philip Cooper	Michael Holland	James Byrne	Barry Donnelly
U16 (01.01.08 – 31.12.09)	Damian Horisk	N/A	Brian O'Connor	Michael McGrath
U18 (01.01.06 – 31.12.07)	Gerard Sergeant	N/A	Finbar McMeel	Paul Hickson
Reserves	N/A	N/A	N/A	Alan Ward
Premier Reserves	N/A	N/A	N/A	Mark McCartan
Senior	Noel Napier	N/A	Antoin McCaffery	Finnian Moriarty



Other Sporting Success for our Members

MEMBER ACTIVITY



All-Ireland
Cyclocross –
Emer Heverin



Tara O'Neill



- ▶ **Aquinas Grammar – Casement Cup Finalists (Hurling)** – Carryduff's **Lorcan Cooney, Jude Dixon, Declan McArdle, James O'Donnell, Rory O'Donnell and Dara Watson**



- ▶ **Assumption Grammar – Ulster Schools U20 B final (LGFA)** – Carryduff's **Lara Deegan, Cara Donnelly, Caoimhe Lavery, Grace Loughran, Orla McCaul, Ciara McGeough, Aisling Wojcieszak**
- ▶ **Assumption Grammar - All Ireland Junior Semi-Final (Camogie)** - Carryduff's **Orla Cooney**
- ▶ **Assumption Grammar – U20s Ulster Schools Cup (Camogie)** – **Tara O'Neill (left)**



- ▶ **OLSPCK – McLarnon Cup Ulster Schools Finalists (Gaelic)** - Carryduff's **Liam Blaney, Conor Boyle, Dara Cunningham, Finn Cunningham, Oran Donaldson, Cillian Ennis, Rory Hughes, Cameron McClure, Oisin McGurk, Owen McHugh, Lorcan O'Connor, Ciaran O'Neill, Niall O'Neill, Owen O'Neill (Odhran Sherry – management team)**
- ▶ **OLSCPCK U16 All Ireland Finalists (Basketball)** – Carryduff's **Catriona Blaney, Hannah Cassin, Rose Horisk, Orla Hughes, Isa McCarron, Niamh Napier,**





TreesontheLand.com provided the club with funding for purchase of >200 native Irish saplings which our volunteers have now planted as a shelterbelt at the western edge of the new pitch. Thanks to all who volunteered!

Progress and Next Steps

DEVELOPMENT PLANS

What's done - 2023

- 1. Purchase and install LED lights for 4 lighting columns on Pitch 2
STATUS - COMPLETE
- 2. Purchase and install benches and bins around the walkway and new bicycle pods on the grounds
STATUS - COMPLETE
- 3. Design and develop Pitch 3 with the aim of it being playable for at least 9 months of the year
STATUS - COMPLETE



What's Next - 2024

- 1. Utilise additional £40k provided for through Eastwoods and the Landfill Communities Fund to complete site works at south side of new junior pitch -
STATUS - ONGOING
- 2. Host a members' engagement evening to help inform next steps
STATUS - PENDING
- 3. Commission and agree a MasterPlan for best use of remaining site space
STATUS - PENDING



- Grass is now growing well on new junior pitch (Pitch 3) and we're hopeful, with favourable weather conditions, to be in a position to have little feet playing as soon as the contractor deems it playable.
- The additional £40,000 provided for through Eastwood Envirowaste Ltd and the Landfill Communities Fund will significantly enhance the area around Pitch 3 allowing us to provide an ambulance entrance, stone out a compound and add additional curbing and gating, as well as fencing off this area to the south side of the new junior pitch. Once again, we are very grateful to the Eastwood family for their ongoing support.
- Moving forward we are keen to agree an infrastructure masterplan for the development of the rest of our site to optimise its use and prioritise future projects. Once agreed we will work to secure necessary planning permissions, understand potential costs and begin to explore funding options.

We hope to have a member engagement event in the late spring to help inform our master planning. Please keep an eye out on social media in the coming weeks.





Thanks to the experts who helped us celebrate Christmas and St Brigid's Day by teaching us all a few crafty new tricks - plenty of fun for our younger and older members!



CULTURAL ACTIVITY



Christmas wreath-making



St Brigid's cross-making





2023 Christmas Elf Walk

Our second annual elf walk proved another huge success as hundreds of families gathered to enjoy the pre-Christmas festivities and a chance to meet the Big Man himself!



Getting Moving

Carryduff GAC 2024 Leaderboard

Sean Latimer	915.8km
Marius Mulligan	852.8km
Brian Lamont	835.3km
Carol Mullan	738.8km
Niamh Latimer	703.1km
Joanne Smyth	599.7km
Declan Irvine	596.3km
Ryan Scott	575.9km
Johnny Bradshaw	575.4km
Marcel Corry	574.7km
Top 10 travelled	6,967.8km
353 Carryduff walkers-total	67,998.8Km



Ireland lights Up January / February 2024



In another hugely successful Steps Challenge Carryduff GAC finished 1st in Ulster and 2nd in Ireland out of upwards of 1000 participating GAA clubs! Well done all!

CLG Cheathrú Aodha Dhuibh



**Eoin Donnelly – Senior
footballer of the year
2023**



**Odhrán
Doherty –
Premier
Reserves
footballer
of the Year
2023**

SOCIAL ACTIVITY

Annual Dinner Dance and Awards



**2023 Senior Men's Football
Team and Management
Down Division 1 winners**

**Additional 2023 Awards
Reserve footballer of the Year
2023 - Michael Graham
Hurler of the Year 2023 –
Darragh Goodwin
Reserve Hurler of the Year
2023 – Conor O'Reilly**

Annual Dinner Dance and Awards



Carryduff GAC
Chairperson,
Brendan Sloan,
addresses the
audience

Maebh Napier (below)
accepts her Junior
Player of the Year
award from coach
Stevie Cassin



LGFA County Champions
2023 –
Carryduff Junior Ladies
and Management

Sean McGeough
accepting the
Club Person of
the year award
for 2023



Claire Milburn (right)
accepts her Senior
Player of the Year award
from manager Alex
McGoran

A special word of thanks to club member **John Toal** for compèring the evening and to **CSM Property Management Limited** who sponsored the event and who have also sponsored our club walkway.



SOCIAL ACTIVITY

Annual Dinner Dance and Awards



Annual Dinner Dance and Awards



SOCIAL ACTIVITY

Annual Dinner Dance and Awards





**Eamonn
McKeever**

Volunteer Officer and School Liaison Officer

Originally from the Orchard County, but now living locally, Eamonn McKeever joined the Committee for the 2023/24 season, accepting not one but two distinct roles!

"It is a pleasure to serve the club this year in the dual roles of Volunteer Officer and School Liaison Officer. These roles afford me the opportunity to help build on the great work the coaches do in the club, and to support the experience of all our volunteers, without whom the club could not function."

The work undertaken by the committee and volunteers through the last year has made Carryduff GAA a fantastic place to be. And the committee really appreciates every single minute that our volunteers give to this club."

Eamonn's role involves encouraging more of the community to get involved in volunteering as he understands that in organisations like ours that rely one hundred percent on volunteers we will only ever get back what we put in. With your support, in whatever capacity you can help, we will be able to continue to run more and better events in the year ahead.

Committee Members

"In my capacity as School Liaison Officer, I am also working with primary schools in our catchment area to offer more local children an opportunity to experience Gaelic games."

It has been heartening to witness the response and willingness of the schools to work with the club and I will work to continue to strengthen these relationships, building awareness about the social, cultural and health and well-being opportunities that playing Gaelic games can offer."

If there are any ideas around how we can improve in these areas please feel free to contact Eamonn at the e-mail address below.

Volunteer Call – can you help out?

We are always delighted to avail of the skills of members and encourage you to get in touch if you'd like to get involved. To join our Volunteer Heja Group, where we often post requests for help, please enter code WN-499547
Alternatively contact Eamonn by email:

schoolliaison@carryduffgac.com



Claire Morris



Maria Gray

Events and Fundraising Officer

Claire Morris joined the Committee this year fulfilling a critically important role.

With three children under ten, and as the HR Manager of a Construction Company, Claire previously acted as co-ordinator of the Nursery Academy so knew exactly what she was getting into!

“This is a massive time commitment, but I see the club as such an important part of our children’s future. It provides endless opportunities for sport, friendship and fun. On a personal level I have made many new friends, and look forward to the challenges ahead”

Claire’s focus will be to oversee and manage all events and fundraising activities across the club. She and her sub-Committee will work closely with head coaches to offer a varied, exciting and successful schedule across the season for all members. Her role also incorporates management of ‘The Hub’, to ensure it is fully operational and remains a welcoming space for all our members to connect.

Claire would welcome a chat with anyone interested in helping with the events and fundraising or within our hub.

clairecasey89@gmail.com

Health and Well-Being Officer

Having spent many years standing at the sidelines accompanying her three young children as they played and trained, **Maria Gray** was delighted to finally be able to give something back to the club by getting involved with her daughters’ coaching groups. Since then, she’s gone further still and this year accepted the position of Health and Well-Being Officer, a role that aligns well with her occupation as a dentist.

“It was a privilege to be asked to be the Health and Well-being Officer for the club and although it’s been very busy, it’s a role I am enjoying and finding incredibly rewarding. We are very excited to have joined the Irish Life GAA Healthy Club Programme this year and, together with my Health and Well-being sub-Committee, we will focus on providing opportunities to develop the physical, social, emotional and psychological health of all of our members and the wider community where possible”.

Key areas of focus through this 18-month programme include: physical activity, mental fitness, healthy eating, addictions, community development and diversity and inclusion.

Please contact Maria if you are interested in joining the Health and Well-being sub-committee or if you have any other suggestions about promoting better health and well-being.

healthandwellbeing@carryduffgac.com



Information for Members

Safeguarding

Children's Officer
Hilary White



Childrensofficer.carryduff.down@gaa.ie

Chairperson of
Carryduff GAC and
Designated Liaison
Person
(DLP) Brendan Sloan



Chairperson.carryduff.down@gaa.ie

Secretary of Carryduff
GAC and Deputy
Designated Liaison
Person (DLP)
Sandra Hughes



Secretary.carryduff.down@gaa.ie

- Safeguarding is a key focus of all organisations that deal with children and vulnerable adults and the GAA is no exception.
- Safeguarding protects the most vulnerable of our members but also protects our volunteers by ensuring they always follow correct procedure
- County Boards offer training on safeguarding continually through the year and it is a requirement of all volunteers in Carryduff that they complete Level 1 safeguarding as a minimum. They must also have current Access NI (police checks) clearance in place
- Your Children's Officer – to whom concerns can be raised in the first instance – is Hilary White. Chairperson Brendan Sloan acts as the club's Designated Liaison Person with responsibility for issues that are escalated and require additional interventions including, potentially, social services or police involvement. Club Secretary Sandra Hughes is deputy DLP. All three officers have been fully trained for their positions and you should have no hesitation coming forward if you have a concern about any abuse or risk of abuse (physical, emotional, sexual or other)
- All conversations will be restricted to these individuals and information shared will remain strictly confidential
- Our [Safeguarding Statement](#) is available on our website and is positioned at various locations around our premises





Club Lotto

Many thanks to the hundreds of Club members who participate in our weekly Lotto Draw in the hope of winning up to £150 by matching 3 numbers, or of taking home the Jackpot – which currently stands at **£14,220!**

Since October 2023, the Club Lotto has generated £17.062 in ticket sales, half of which is used to help with running costs while the remainder goes into the prize pot. In that time match 3 winners have taken home **£3,400**

If you don't already play the Lotto, why not start today by scanning in the QR code above or clicking on the link below
https://www.klubfunder.com/Clubs/Carryduff_GAC/lotto

2024 Club Membership

Membership for all codes runs from 1st January through to 31 December. Anyone wishing to train, play or coach must have their 2024 membership in place before commencing.

Players are reminded that they are not covered by the GAA Injury Fund if they do not have 2024 membership at the time of any injury incurred.

Instalments are available to spread the cost.

Adult players and families who took their membership out before the 28/2/24 received a free Down Draw ticket worth £120.

Please visit our website for further information
<https://carryduffgac.com/2024-membership-is-open/>

Grants Update

- **€27,522.94** through a donation from JP McManus – representing a donation of **€9,174.31** to each code - GAA, LGFA and Camogie Association.
- Secured **€ 10,200** from Ulster GAA's Infrastructure Development Grant to help reimburse for work done in 2023
- Award of a Lisburn and Castlereagh City Council Community Hardship Grant worth **£2,000** has helped us deal with the increased energy costs associated with running the club.
- A Policing and Community Safety Partnership Scheme grant for **£500** has part-funded a small, secure and convenient equipment/tyre store close to our 3G facility.



December Down Club Draw Winner
Bernard McReynolds
Receives his cheque from Chair,
Brendan Sloan

Who wouldn't fancy the chance of winning a new car, €10,00 or All-Ireland weekend tickets with hotel accommodation ?
All proceeds go directly back into your club!

Tickets for the GAA National Clubs Draw are £10 and can be purchased via your Foireann account here: <https://www.foireann.ie/.../7467a12d-d147-4c5c-8a02...> or at the Hub during the week.

GRIMES & MCKEE'S



WHAT'S COMING UP?

Event	Date & Time	Location
Singing Circle	From February 27th	Carryduff GAC @ The Hub (for 5 weeks)
Carryduff GAC Seachtain na Gaeilge Gaeltok - a TikTok dancing Gaeltacht!	March 15 th , 6:30-8:30pm	St Joseph's Hall; age 7-17 https://forms.gle/wQE2Z5MHbZCfph6cA
Irish language Session with Siubhán McElholm - Dianchursa	March 16 th 10:00-2:00pm	Carryduff GAC @ The Hub
St Patrick's Day celebrations (see advert next page)	March 17 th	Carryduff GAC @ The Hub
Grimes & McKee New Ireland Comedy show	April 20 th , 7:00pm	Parish Hall - tickets to go on sale via Klubfunder – likely to sell out quickly!
Friar's Bush Tour Graveyard	April , date tbc	Friar's Bush – date to be announced on social media
La na gClub (national GAA day)	April , date tbc	Carryduff GAC @ The Hub
Darkness Into Light Walk 2024	May 11 th , (pre-sunrise)	Carryduff GAC @ The Hub
Anthony Nolan Bone Marrow Drive	TBC	Carryduff GAC @ The Hub
Children's Mental Health Day	TBC	Carryduff GAC @ The Hub
Túras Tours	TBC	Carryduff GAC @ The Hub
Training Opportunities	Date & Time	Location
CPR & Emergency First Aid	March 2 nd 9:30-12:30pm	Carryduff GAC @ The Hub
Suicide Prevention Overview Training	March 7 th ; 7:00pm	Carryduff GAC @ The Hub
Attacking & Scoring Workshop (Philip Kerr)	March 16 th	Carryduff GAC
Introduction to Gaelic Games	March 13 th , 9:15-3:30pm	Carryduff GAC
The Female Athlete	March 23 rd , 5:00-7:00pm	The Ivanhoe
Gumshield fitting Clinic	March 24 th , 5:30pm	Carryduff GAC @ The Hub



16 PICKS OVER 4 DAYS OF RACING
PICK ONE ENTRY FOR 13:30, 14:10, 14:50 AND 15:30
EACH DAY

ENTER VIA KLUBFUNDER
SELECTIONS VIA GOOGLE FORMS BY 1PM EACH DAY

BE SURE TO REFERENCE WHO REFERRED YOU AND
WHAT DISCIPLINE (FOOTBALL (F) OR HURLING (H)) IN
THE ADDITIONAL INFORMATION BOX

PRIZES: 1ST PLACE £350, 2ND PLACE £100, 3RD
PLACE £50

For more details about
any of our events please
contact
clairecasey89@gmail.com

For more details about
any of our training
opportunities please
contact
orlanapier@yahoo.co.uk

WHAT'S COMING UP?

BIG SPRING CLEAN UP

CALLING ALL MEMBERS
Help us get ready for the new season
Saturday, 9th of March, from 10am



DARKNESS INTO LIGHT 2024

Saturday 11th May

Join us for the most important sunrise of the year and help raise much needed funds for suicide prevention.

THE GAA FEMALE ATHLETE

SÍOFRA O' MULLAN
(CHARTERED
PHYSIOTHERAPIST)

AND

CÁOILEÁNN CONWAY
(PERFORMANCE
DIETICIAN)

SATURDAY 23RD
MARCH
5-7PM
THE IVANHOE
HOTEL

ALL
ABILITIES
WELCOME



CARRYDUFF GAC NURSERY 2024



COMMENCING
SATURDAY 6TH APRIL
9AM START

FUN-BASED EXERCISES TO DEVELOP MOVEMENT
AND SKILLS FOR CHILDREN AGED 4 TO 6 YEARS OLD
IN GAELIC FOOTBALL & HURLING
TO REGISTER YOUR CHILD, VISIT CARRYDUFFGAC.COM

Starting: Sunday March 3rd

HURLING & CAMOGIE NURSERY & P1



9:30 AM @ 3G PITCH
EVERY SUNDAY

- Learn the game in a fun, structured, and safe environment
- All boys & girls aged 4 welcome (must turn 4 before July 2024)
- Hurls provided with helmets available to rent/buy from the hub
- Club membership covers both football and hurling
- Everyone is welcome regardless of ability
- Join Heja for more details heja.io/download/BA049248



SCAN ME

Carryduff GAC Presents...
**Lá Fhéile Pádraig &
Seachtain na Gaeilge**

An Aoine 15ú/ Friday 15th March

Gaeltacht style TikTok workshop (Ages 7-17)

6:30-8:30pm @ St Joseph's Hall
Places limited- follow link to register

An Satharn 16ú/ Saturday 16th
Dianchursa Gaeilge/ Intensive Irish Language Course

Adult Learners
@The Hub
10-2pm

Places limited- follow link to register

An Domhnach 17ú/ Sunday 17th

Craic agus Ceol

Díolachán Ciste agus Maidin Chaife/ Cake Sale & Coffee Morning with live music
@ The Hub
Ladies Fundraiser
10am-12pm

St. Patrick's Day & Seachtain na Gaeilge
at Carryduff GAC

GAA Tackling Bullying

The GAA aims to create a supportive environment where any form of bullying is unacceptable.

We adopt a whole organisational approach to addressing bullying and are committed to implementing structures and relevant policies to deal with allegations of bullying. Incidents of bullying are regarded as serious breaches of our Code of Best Practice in Youth Sport, Our Games – Our Code.

We are committed to achieving an ethos of respect and as to maximise the potential of all of our members when playing or participating in our Gaelic Games.

WHAT IS BULLYING?

Bullying can take many different forms:

- **VERBAL:** threatening consequences, spreading rumours, name calling, teasing, making sexual/racist/sectarian remarks, highlighting physical appearances or sporting ability.
- **PHYSICAL:** kicking, punching, hitting, spitting, biting, tripping, theft or destruction of property and kit.
- **EMOTIONAL:** ignoring, excluding, getting people into trouble, talking behind their backs, writing unpleasant notes/letters/graffiti, writing letters/text messages/emails or comments.
- **CYBERBULLYING:** when instant messages, emails, text messages, webpages or social network sites are used to spread rumours, make threats or harass. It can include written messages, photographs, videos or voice messages.

PREVENTING BULLYING

It is the responsibility of everybody in the Club to prevent or if need be to deal with incidents of Bullying.

- GAA players, coaches, spectators and Clubs should:**
- ✓ Implement the Code of Behaviour when working with underage players
 - ✓ Create a supportive environment where it is not acceptable to Bully
 - ✓ Support the ethos of the Club that its 'ok to tell'
 - ✓ Make everybody aware of our Anti Bullying Policy
 - ✓ Promote the Give Respect – Get Respect Initiative

DEALING WITH BULLYING

How do you know if it's Bullying?
Ask yourself the following questions:

TARGETED Is the behaviour targeted at a group or individual?
DURATION Has this behaviour been happening over a period of time?

FREQUENCY How frequent is the behaviour and is there a pattern occurring?

INTENTION Is the intention of the behaviour to cause pain/harm/distress to an individual or group?

Every person in membership of a GAA Club or attending our games or activities should be fully aware that Bullying is unacceptable in the GAA

**GIVE RESPECT
GET RESPECT**
Our games. Our choice.

The Children's Officer in each club has a responsibility to promote an 'anti bullying ethos' and ensure that the Club adheres to the Code of Best Practice in Youth Sport – Our Games – Our Code.

BULLYING CAN HAPPEN FROM

Young Person To Young Person
Young Person To Adult
Adult To Young Person
Adult To Adult

Values and Behaviours

The Carryduff Way – coaching charter

Senior Carryduff GAC Players should:

- Wear their full club colours in matches with pride and dignity
- Play the game fairly, with due respect for fellow players, match officials, club mentors, and all club property
- Give respect, get respect
- Have their membership paid on time – players are not eligible to attend training, use club facilities or play matches until membership has been paid
- Give full commitment and loyalty to your team and club when training and playing in matches
- Wear a gum-shield, helmet for hurling/camogie in training, during all challenge and competitive matches
- Engage positively with management teams and club officers. Be respectful of decisions even where you disagree
- Be gracious in defeat and victory, it builds character
- Be a student of the game and learn constantly
- Support wider club activities by contributing towards the financial well-being of the club, helping with fundraising event and coaching underage teams
- Enjoy the game and be the best that YOU can be



2024 EXECUTIVE COMMITTEE

Name	Role(s)	E-mail Address
Brendan Sloan	Chair / Designated Liaison Person - safeguarding	Chairperson.carryduff.down@gaa.ie
Sandra Hughes	Secretary	Secretary.carryduff.down@gaa.ie
Sean McGeough	Vice Chair / Head of Development	spmceough@yahoo.co.uk
Conor O'Neill	Treasurer / Head of Finance	Treasurer.carryduff.down@gaa.ie
Mark Hollywood	Registrar	Registrar.carryduff.down@gaa.ie
Philip Loughran	PRO	pro.carryduff.down@gaa.ie
Eamon Rooney	Assistant Secretary	assistantsecretary.carryduff.down@gaa.ie
Ronan Lawlor	Players' Representative	ronan.lawlor@gmail.com
Orla Napier	Coaching Officer	orlanapier@yahoo.co.uk
Hilary Whyte	Children's Officer	childrensofficer.carryduff.down@gaa.ie
AnaMarie Magorrian	Culture and Language Officer	anamagorrian@msn.com
Paul Dougan	Head of Male Football / Compliance and Insurance	malefootball@carryduffgac.com
Maria Gray	Head of Health & Well Being	healthandwellbeing@carryduffgac.com
Maeve Holland	Head of Camogie / County Rep Camogie	secretary.carryduff.down@camogie.ie
Stephen Magorrian	Head of Ladies Football / County Rep LGFA	carryduff.down@LGFA.ie
Mark McCartan	Head of Handball, Head of Rounders / County Rep GAA	mark.mccartan18@gmail.com
Ronan McCaughey	Head of Hurling	ronan.mccaughey@btinternet.com
Niall McCullagh	Assistant Registrar	mccullagh_niall@hotmail.com
Eamonn McKeever	Head of Volunteering / School Liaison Officer	schoolliaison@carryduffgac.com
Claire Morris	Head of Events and Fundraising	clairecasey89@gmail.com

To sponsor a team please contact Brendan on 07710063925

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