

Parents Charter



PARENTS CHARTER

Parents/Guardians have an influential role to play in assisting and encouraging their children to fully participate in Gaelic Games, whether it is when they are playing our games, attending training or participating in coaching sessions. We are lucky in Carryduff GAC to preparing food, stewarding at matches and assisting in the Club shop. Although nearly always well-meaning and coming from a place of love and a desire for their child to thrive we wish to avoid parental behaviours that would undermine a child's trust in their coach, erode a child's enjoyment and lead to them ultimately leaving the sport. Carryduff GAC parents/guardians should act as role models for their children as they participate in Gaelic Games.



PARENTS CHARTER

Carryduff GAC Parents/Guardians should encourage their child to:

- Always play by the rules.
- Improve their skills levels.
- Appreciate everybody on their team, regardless of ability.
- Maintain a balanced and healthy lifestyle with regard to exercise, food, rest, and play.
- Respect their coaches, referees, fellow players, opposition players and club administrators.



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Carryduff GAC Parents/Guardians should lead by example:

- Respect officials' decisions and encourage children to do likewise.
- Encourage children always to play according to the rules and to settle disagreements without resorting to hostility or violence.
- Do not exert undue pressure on your child.
- Never admonish your own child or any other child for their standard of play.
- Be realistic in your expectations.
- Show approval for effort, not just results.
- Avoid asking a child or young person, 'How much did you score today?' or 'What did you win by? or What did you lose by?' Ask them 'Did they enjoy themselves?' "What did you learn today?"
- Never embarrass a child or use sarcastic remarks towards a player.
- Applaud good performances and efforts from all individuals and team.
- Do not criticise playing performances. Identify how improvements may be made.
- Do not enter the field of play unless specifically invited to do so by an official in charge.
- It is not appropriate for parents to interrupt the team coaches when they are speaking to the team before/during and after the game.
- Condemn the use of violence, verbal abuse or vilification of any form, whether it is by spectators, coaches, officials or players.



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Carryduff GAC Parents/Guardians must:

- Complete the registration for their child's participation in the Club on Foireann.
- Show respect to the coaches by responding to Heja in a timely fashion.
- Inform the coaches, and any other relevant Club personnel, of any changes in their child's medical or dietary requirements prior to coaching sessions, games or other related activities.
- Parents/guardians are responsible for leaving and collecting their child on time from training/games or other related activities.
- Provide their child with adequate clothing and equipment as may be required for the playing of our games, including for example helmets, shin guards, gum shields etc.
- Ensure that the nutrition/hydration and hygiene need of their child are met.
- Never attempt to meet their own needs and aspirations for success and achievement through their children's participation in games.



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Carryduff GAC Parents/Guardians are encouraged to assist the club by:

- Showing appreciation to volunteer coaches, mentors and club officials and administrators.
- Before finding fault, think “Have I volunteered yet?”
- Attending games on a regular basis.
- Helping in the organising of club activities and events as requested.
- Respecting the rights, dignity and worth of every person and treat each one equally regardless of age, gender, ability, ethnic origin, cultural background or religion.
Respect and Inclusion are two of the core values of our club.



PARENTS CHARTER

Carryduff GAC Parents/Guardians have the right to:

- Know their child is safe and to make a complaint if they believe that their child's safety is in any way compromised, to our child protection officer/child liaison officer.
- Be informed of problems/concerns relating to their child by their team manager.
- Be informed if their child gets injured or becomes unwell.
- Discuss any concerns in the standard of coaching with relevant persons, in the first instance this should be the head coach. If concerns persist, then with the head of code and/or coaching officer.

